In the Claims:

Amend claims 34 and 58; cancel, without prejudice, claim 59; and add new claim 71 as indicated below:

1-33 (cancelled).

34 (currently amended). A safety toggle bolt for anchoring to an object having a cylindrical hole therethrough leading to an opening space, comprising:

a flexible cable having a proximal end having an anchoring attachment;

- a hole plug for fitting said hole, said hole plug having a substantially cylindrical hole plugging portion for circumferentially engaging the cylindrical surface of the hole and a lip portion for fixing the position of said hole plug against the object;
- a toggle bar pivotally connected to a distal end of said cable and adapted for pivoting between a closed position for insertion through the hole into the opening space and an open position in which the toggle bar cannot be withdrawn from the opening space back through the hole, wherein an end of said toggle bar is adapted for locking engagement with said hole plug in said closed position;

a toggle bar pivot control member, said toggle bar pivot control member having a handle end adapted for manipulating said toggle bar and a control end attached to said toggle bar for pivoting, in response to said manipulating, said toggle bar between said open and closed positions, said hole plug having at least two apertures therethrough, said flexible cable extending through one of said apertures and said control member extending through the other of said apertures; and

a plug biasing spring for biasing said hole plug toward said toggle bar.

35 (previously presented). The safety toggle bolt of claim 34, wherein said end of said toggle bar is adapted for releasable retention in a recess of said hole plug to provide said locking engagement.

36 (previously presented). The safety toggle bolt of claim 35, wherein said end of said toggle bar is tapered to provide for said retention.

37 - 54 (cancelled).

55 (previously presented). The safety toggle bolt of claim 36, further comprising a toggle bar return spring for biasing said toggle bar in said open position.

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56 (previously presented). The safety toggle bolt of claim 35, further comprising a toggle bar return spring for biasing said toggle bar in said open position.

57 (previously presented). The safety toggle bolt of claim 34, further comprising a toggle bar return spring for biasing said toggle bar in said open position.

58 (currently amended). A method for anchoring to an object having a hole therethrough leading to an opening space, comprising the steps of:

providing a safety toggle bolt having a handle cable member, a toggle bar portion pivotally connected to the handle cable member;

locking disposing the toggle bar in a closed position;

inserting at least the toggle bar portion of the safety toggle bolt through the hole; and

the closed position, wherein to cause the toggle bar to

automatically spring opens to an open position and thereby become

oriented in the opening space so as to prevent the toggle bar

portion from passing back through the hole.

59 (cancelled).

60 - 70 (cancelled).

71 (new). The method of claim 58, comprising providing a hole plug coaxially and slidably disposed about said cable member, wherein said step of inserting includes seating the hole plug on the hole, the method further comprising spring-forcing the toggle bar portion toward the hole plug, to automatically adjust the safety toggle bolt to the depth of the hole.